



PSHE Overview

Intent: To explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, while also preparing them for life, both in the present and future.

We use the Twinkl Life PSHE and Citizenship education scheme of work throughout school years 1 to 6. This scheme of work and all its resources have been produced to be fully in line with the Learning Outcomes and Core Themes outlined in the 2020 PSHE Association Programme of Study and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in school. All aims are taught through the three core areas of PSHE and Citizenship education, which are: Health and Wellbeing, Relationships and Living in the Wider World. All lessons will cover content in an age-appropriate manner. We also use 'Heart Smart' featuring the robot Boris, this is a Christian-based program used in primary schools to build children's character, emotional health, and resilience through engaging stories and the [HeartSmart High Five](#) principles.

RE in Class 1: Reception			
	Autumn	Spring	Summer
Units	Getting Heart Smart – Boris book/ intro to HS Heart Smart –Don't Forget to let love in	Heart Smart- Too much Selfie isn't Healthy Heart Smart –Don't Hold on to what's wrong	Heart Smart- Fake is Mistake Heart Smart- No Way Through Isn't True

Year A PSHE in Class 2: Year 1 & 2

	Autumn	Spring	Summer
Unit	Heart Smart –Don't Forget to let love in (Y1) Heart Smart- Too much Selfie isn't Healthy (Yr 2 unit)	Heart Smart –Don't Hold on to what's wrong (Year 1) Heart Smart- No Way Through Isn't True (Year 2)	Heart Smart- Fake is Mistake (Year 2 unit) Online Relationships -Purple Mash Healthy Eating- link to science Drugs Alcohol and Tobacco- Twinkl

Year B PSHE in Class 2: Year 1 & 2

	Autumn	Spring	Summer
Units	Twinkl life- KS1 Think positive Twinkl life – KS1 Safety First	Twinkl Life- Diverse Britain Twinkl Life- Digital Well being	Twinkl life- Its my body Twinkl life Money Matters

Year A PSHE in Class 3: Year 3 & 4

	Autumn	Spring	Summer
Units	Heart Smart –Don't Forget to let love in (Y3) Heart Smart- Too much Selfie isn't Healthy (Yr 4 unit)	Heart Smart –Don't Hold on to what's wrong (Year 3) Heart Smart- No Way Through Isn't True (Year 4)	Heart Smart- Fake is Mistake (Year 3 unit) Online Relationships -Purple Mash Healthy Eating- link to science Drugs Alcohol and Tobacco- Barney and the Magic mirror

Year B PSHE in Class 3: Year 3 & 4

	Autumn	Spring	Summer
Units	Twinkl life-LKS2 TEAMS Twinkl Life-LKS2 VIP'S	Twinkl life LKS2- Be yourself Twinkl Life- LKS2 One World	Twinkl Life- LKS2 Aiming High Twinkl Life Aiming High

Year A PSHE in Class 4: Year 5 & 6

	Autumn	Spring	Summer
Unit	Heart Smart –Don't Forget to let love in (Y5) Heart Smart- Too much Selfie isn't Healthy (Yr 6 unit)	Heart Smart –Don't Hold on to what's wrong (Year 5) Heart Smart- No Way Through Isn't True (Year 6)	Heart Smart- Fake is Mistake (Year 5 unit) Online Relationships -Purple Mash Healthy Eating- link to science Drugs Alcohol and Tobacco

Year B PSHE in Class 4: Year 5 & 6

	Autumn	Spring	Summer
Unit	Twinkl life- UKS2 Think positive Twinkl life –UKS2 KS1 Safety First	Twinkl Life- UKS2- Diverse Britain Twinkl Life- UKS2 Digital Well being	Twinkl life-UKS2 Its my body Twinkl life -UKS2 Money Matters